

Supported by



Young At Heart MOVE IT!



YMCA Penang  
211, Jalan Macalister  
10540 Pulau Pinang

31 October 2015 (Saturday)  
8.00 am - 3.00 pm

ADMISSION FEE **RM10**  
Closing date: 16 October 2015

Dress Code : **SPORTSWEAR**  
Best Dressed participant will be rewarded!



**Mr Soon Chee Khian**  
Orthopaedic, Sports Injury & Trauma Surgeon  
"Recent Advances In Treatment Of Sports Injury"



**Dr Ang Soo Fan**  
Consultant Medical Oncologist  
"All You Need to Know About Lung Cancer"

FREE Basic Health Screenings / Interactive Health Talks / Exclusive Health Product Discounts / Meet health experts and new friends  
FREE Goodie Bags worth more than RM100 / Delicious breakfast & lunch will be served / Lucky Draws

Jointly Organised by



Supporting NGOs

Supporting Clubs

Healthy Sponsors

Healthcare Provider

Sportswear Partner

Fitness Partners



For more information, please call 03-6205 2640 or email to [events@urbanhealth.com.my](mailto:events@urbanhealth.com.my)

Name \_\_\_\_\_  
IC No \_\_\_\_\_ Marital Status  Single  Married  
Address \_\_\_\_\_  
\_\_\_\_\_ City / State \_\_\_\_\_  
Postcode \_\_\_\_\_ Tel \_\_\_\_\_  
Email \_\_\_\_\_

Yes! I would like to register for \_\_\_\_\_ pax (RM10 per pax) TOTAL: RM \_\_\_\_\_

**PAYMENT METHODS**

**Option 1: By Cheque**

- Bank \_\_\_\_\_ Cheque No \_\_\_\_\_
  - Cheque made payable to Urban Health Sdn Bhd

**Option 2: By Cash Deposit or GIRO Interbank Transfer**

- Bank: CIMB Bank
- Account No: 800 2707 247

! Please fax / email the payment proof to 03-6411 0640 / [events@urbanhealth.com.my](mailto:events@urbanhealth.com.my)

Mail OR Fax this form to:  
Urban Health Sdn Bhd, B-11-3, Level 11, Block B, Plaza Mont' Kiara,  
No. 2, Jalan Kiara, Mont' Kiara, 50480 Kuala Lumpur  
Fax: 03-6411 0640

**TERMS & CONDITIONS:**

- Your registration confirmation will be notified via call or email (if provided), once received full payment.
- Ticket is transferable with a written notification to Urban Health no later than 20 October, 2015.
- All payment are non-refundable.